



## Wake Forest High School PTSA Newsletter

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# Welcome to our new newsletter!

We are trying something new this month, a completely revamped newsletter! We hope you like it, it is a work in progress and we are working out the kinks.

Thanks to everyone who came to our general assembly meeting after meet the teacher! We can't wait to get to know more of you!

As usual, we invite you all to join our monthly board meeting, which falls on the second Monday of the month at 6pm in the media center. This month it will be on **Monday, October 14th at 6pm.**

All parents and students are welcome to join our meetings, and it is an awesome way to keep updated with what is going on at your school. If you can't join in person and need to join via zoom, email us at [ptsa.wfhs@gmail.com](mailto:ptsa.wfhs@gmail.com) to get the link!



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# We need your help to support WFHS!

**Join the Cougar Challenge.** Our sole purpose as a PTSA is supporting the WFHS students and staff, and 100% of Cougar Challenge donations go toward fulfilling that purpose! Envelopes went home with students last month for donations and it couldn't be easier! These forms can be turned in at the front office, to any staff member, or you can use the QR code on the envelope to donate in seconds. Through the QR code you can also join the PTSA!

**Our goal this year is \$5000.** Thanks to all who have donated, we have raised about \$2300 so far. If you still want to donate you can go to our [Memberships and Donations page](#), select Cougar Challenge, and enter the amount you want to donate

as your quantity. Support our PTSA and all the fun things we do for our staff and students throughout the year! And while you're at it, sign up to be a PTSA member! It's only \$10 and we would love to have you be involved in everything we do this year!



**You can also Link your Rewards Cards to give back to the school.** It takes just a couple minutes to do on your own and costs nothing. Go to the [Fundraising page](#) on our website to enter your information for [Lowes Foods](#) and [Publix](#) or click the links to go directly to the applicable page on each store's website. From August 1-July31, a portion of everything you buy at these stores will go to support the school, and you don't have to do a single thing after linking it except shop as you normally would.

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# Hospitality

One of the things we couldn't do without your donations is show our staff how much we appreciate them! This month we had a **Cougar Dash on September 18th.**

Our version of Door Dash, we hand deliver goodies to all the staff so they can enjoy some tasty treats and drinks and brighten their day!

Our next treat will be a staff lunch on October 3rd for their teacher workday. Click [here](#) to sign up to donate or help!

Want to find out how to help with fun events like this? Join the PTSA and email us at [ptsa.wfhs@gmail.com](mailto:ptsa.wfhs@gmail.com) to get in on the fun!









# Advocacy

## Voter Info

With the 2024 elections right around the corner, make sure that you and your students 18 and older are **registered to vote!** Registration deadlines are **October 11th** online and by mail (postmarked by) and you can register in person during early voting from Oct 17th- Nov 2nd. Click [here](#) for more info and to register online. So don't wait and register today!

And of course make sure you go out and **vote on November 5th** or complete early voting. Your vote matters!



Western NC NEEDS our help! WFHS SGA is collecting donations in conjunction with the Wake Forest Fire Department. Click [here](#) for a list of items being collected or to donate funds. Thanks for your support!





# HURRICANE RELIEF DONATION

WFFD is generous enough to collect & deliver items to our Western NC communities in dire need! SGA will be taking a donation collection in on Friday 10/4. Feel free to add items to our collection.

For supply lists and info , please visit:  
<https://www.wakeforestnc.gov/fire/hurricane-helene-relief>

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## Student Health and Wellness



Our student health and wellness committee is student led and its purpose is to provide our students with resources to better their own health and wellness. **In October they are focusing on bully prevention.** There are so many different kinds of bullying - physical, verbal, cyber bullying and even micro aggressions. Don't just stand by... stand up and speak out.

**SPEAK OUT AGAINST BULLYING**

**STAND UP  
SPEAK OUT**



**STOP THE  
HATE**

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# Donate to the Giving Tree!

The Giving Tree is one of our biggest fundraisers every year, and it is a super easy way to help our school earn money! We earned \$5400 from them last year and had the most points again of any school. Here's how it works:

[The Giving Tree](#) is a local non-profit that accepts donations from the community with the specific goal of using the proceeds to generate funds for local schools!

Donating is simple. All you do is grab a paper bag or box, fill it with gently used home goods or toys, and drop it off at the giving tree (839 South Main St) any time.

We get **DOUBLE POINTS** for donations made on **Monday and Tuesday**. **Be sure to tell them your donation is for Wake Forest High School**. They accept donations Monday-Friday from 10:30-4:30. There is a list of allowed goods and donation instructions on the [DONATE](#) page of their website. You get points for every donation and points every time you shop, so don't forget to look around while you are there. They are the cutest boutique!

Our first **Triple Points Week will be Oct 14-19th** so start cleaning out those closets and bring your gently used items to the giving tree any day this week. Any donation all week will get us triple credit points! And you can donate more than once!



WANT TO EARN \$\$ FOR WFHS?!



SHOP OR BRING A HOME DECOR  
DONATION TO  
THE GIVING TREE THRIFT SHOP,  
MENTION WFHS AND EARN POINTS FOR US!



@thegivingtreewakeforest  
@thegivingtreeyoungsville

Scan  
for more info!



## Staff and Club Grants

We are starting the year off right with staff grants already underway! Staff, don't forget to request a grant if you have needs for your classroom!

Our latest grant was for **Newspaper**. We provided newspaper passes to Ms Freeman's class to make the experience more authentic. Now the students are ready to start interviewing, each pass individualized with student names and class info. Students can't wait to use them while doing interviews in class and around the school covering school events, and eventually selling ads to the community.





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## Spirit nights

Our first spirit night of the year will be at **Alpaca** in Wake Forest on **October 15th** from **2-7pm**. Come enjoy a delicious meal and help our school at the same time! Make sure to show them this flyer or mention our fundraiser when you order to receive credit for our school or add the 0.00 fundraiser item to online orders.



Click [here](#) for more info on our fundraiser to make sure we get 20% of all purchases donated to our school!



Join Alpacaca Chicken in a fundraiser for:

## Wake Forest HS PTSA

Bring in this flyer or order online through the Alpacaca mobile app or website by adding the \$0.00 FUNDRAISER item to your cart at checkout on October 15, and Alpacaca Chicken will donate 20% of your order.

When

**October 15, 2024**  
**2:00pm - 7:00pm**

Where

1608 Mangum Ave  
Wake Forest, NC 27587

Offer valid only on select date(s). Only approved non-profit organizations and tax-exempt organizations are eligible to participate in the fundraising program. Restaurant will donate 20% of food and beverage sales to the organization. Tax, gift cards, catering, delivery, and alcohol are excluded from the donation. Offer void if flyer is distributed in or near the restaurant. For more information about fundraising, visit <https://alpacachicken.force4good.com>.



We gave out our first treats of the year to our graduating class, Krispy Kreme donuts and a clear backpack to take to school events! Don't forget that at after school events such as sporting events and theater performances that only clear bags are allowed as per WCPSS!

If you would like to help with planning this year, email us at [PTSA.wfhs@gmail.com](mailto:PTSA.wfhs@gmail.com) to find out how to get involved!

Things are in the works for a treat to go out with report cards, be on the lookout for a sign up soon!



### **Important Senior Dates:**

**Jun 16th:** Graduation at 4pm at the Raleigh Convention Center

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In November, there will be a yearbook-pose-only, "freebie" photo day at school for seniors that may not be able to get to the studio or want to pay for an entire package/photo experience. If this is you, please fill out [this form](#) to express your interest in this event. (A specific date will be sent out once event details are finalized.)

If this is not something you are interested in, you do not need to submit a form.



# “FREEBIE” SENIOR PICTURE DAY

Do you want to have a senior picture in the yearbook, but you are not interested in a full session at the studio? Cady is coming to WFHS in November



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## Helpful WFHS Links

Need to find a WFHS-related page, but can't find it ANYWHERE? Yeah, we get it! Here's your one-stop list of (almost) all things WFHS! If we're missing something, let us know so we can add it! Also follow WFHS PTSA on facebook, instagram and twitter!

### **Grade-Specific Facebook Pages**

[Freshman Class of 2028 Facebook Page](#)

[Sophomore Class of 2027 Facebook Page](#)

[Junior Class of 2026 Facebook Page](#)

[Senior Class of 2025 Facebook Page](#)

[READ MORE ON OUR WEBSITE](#)

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WFHS PTSA